

What do I have to do to apply?

Call a services coordinator at the number listed below. The services coordinator will schedule a visit with you to help you outline your needs and develop a service plan that describes how the needs will be met, who will meet them and when.

To request home and community based services for yourself or to refer another person, call

For more information, call
Aging Services Life
(402) 441-7070
1-800-247-0938

**DOING
WHAT
WORKS**

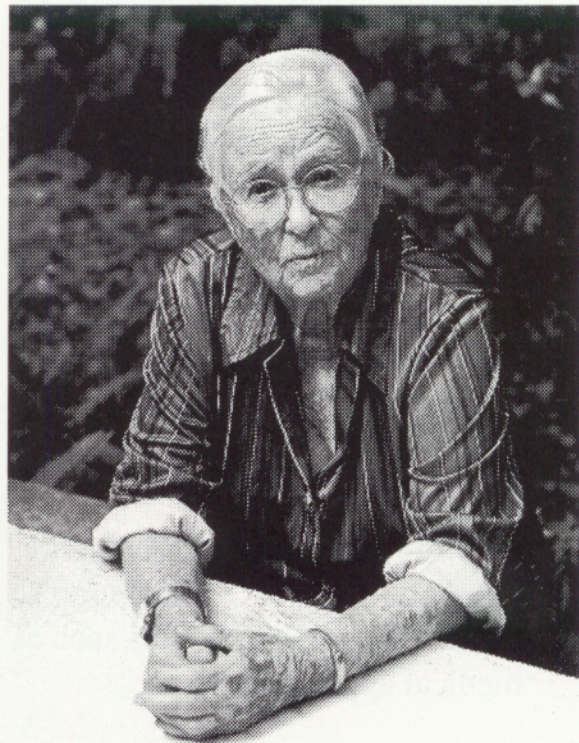
NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



The Nebraska Department of Health and Human Services is committed to affirmative action/equal employment opportunity and does not discriminate in delivering benefits or services.

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(Previous version 6/95 should be used first)

Home And Community Services Through Medicaid For Aged Persons



Home and Community Services

- help individuals live independently and safely
- support family caregivers
- give individuals choices to meet their needs

What kinds of services are available?

- **In-home help**, such as help with cleaning the house, doing the laundry, getting groceries, and maintaining good nutrition. Other types of help could include the security of a personal alarm system, special equipment to make tasks easier to perform, or modifying your bathroom or the entrance to your home to make it easier to get around.
- Help for **family caregivers**, such as relief time (respite) or training on how to provide needed care.
- **Community supports**, including adult day services and transportation for essential activities such as medical appointments.
- **Assisted Living**, a residential care arrangement in a home-like setting that can meet all your needs.



Who can receive these services?

Individuals who are age 65 or older may be eligible for home and community services if they:

1. Are eligible for Medicaid (including clients who pay for a portion of their medical expenses on a “spenddown”);
2. Agree to participate in needs identification and choose to accept support services;
3. Have needs which would otherwise require them to live in a nursing home; and
4. Can be safely served at home at a cost not more than Medicaid would pay for nursing home care.